## EDMONTON SPRINGBOARD & PLATFORM DIVING CLUB

## SPRING LEARN TO DIVE LESSONS at THE KINSMEN SPORTS CENTER (9100 Walterdale Hill) or TERWILLEGAR REC. CENTRE (2051 Leger Road)

**REGISTRATION FORM: (please print)** 

| Family Name:    | Child's First Name: | Date of Birth:<br>YYYY/MM/DD |  |  |  |  |
|-----------------|---------------------|------------------------------|--|--|--|--|
| Age: Sex:       | Father's Name:      | Mother's Name:               |  |  |  |  |
| No./Street:     | City:               | Postal Code:                 |  |  |  |  |
| Home Phone:     | Cell:               | Alt. No:                     |  |  |  |  |
| Mother's Email: | Father's Email:     | AHC No.                      |  |  |  |  |

Please indicate your 1st, 2nd and 3rd choices in case your preferred day is not available. Registration is based on a first come, first served basis and the program is very popular. The following are the class times at the Kinsmen Sports Center (K) or Terwillegar Rec. Center(T).

| Monday                       | Tuesday       | Wednesday                     | Thursday      | Friday                        | Saturday                                  | Sunday        |
|------------------------------|---------------|-------------------------------|---------------|-------------------------------|---|---------------|
| ☐ 5:15 − 6:45                | □ 5:15 – 6:45 | □ 5:15 – 6:45                 | ☐ 5:15 – 6:45 | □ 5:15 – 6:45                 | ☐ 10:15–11:45                             | □ 10:30-12:00 |
| (K - 9 wks)                  | (K - 10 wks)  | (K - 10 wks)                  | (K - 10 wks)  | (K - 9 wks)                   | (K - 9 wks)                               | (K - 9 wks)   |
| ☐ 6:45 − 8:15                | ☐ 6:45 – 8:15 | ☐ 6:45 – 8:15                 | ☐ 6:45 – 8:15 | ☐ 6:45 – 8:15                 | ☐ 11:45− 1:15                             |               |
| (K - 9 wks)                  | (K - 10 wks)  | (K - 10 wks)                  | (K - 10 wks)  | (K - 9 wks)                   | (K - 9 wks)                               |               |
| ☐ 5:15 − 6:45<br>(T - 9 wks) |               | ☐ 5:15 − 6:45<br>(T - 10 wks) |               | ☐ 5:00 − 6:30<br>(T - 10 wks) | ☐ 1:30 − 3:00<br>ADULT <b>(K - 9 wks)</b> |               |

This session at Kinsmen starting April 4, we are offering a 10 week long program (Tuesday - Thursday), and a 9 week long program (Monday, Friday, Saturday & Sunday). At Terwillegar there will be a 9 week long program on Monday, and a 10 week long program on Wednesday and Friday (Starting Friday April 4)

Participants will be taught dive skills by nationally certified instructors who are or were themselves national diving competitors.

## **PROGRAM COSTS:**

A session of 10 weeks, 1.5 hour lesson per week cost is \$195.00 plus a \$30.00 administration fee. A session of 9 weeks, 1.5 hour lesson per week cost is \$175.00 plus a \$30.00 administration fee.

\*Because our club also relies on bingo revenues to help keep the cost of the program affordable to everyone, we are looking for families to volunteer at bingos, which will help subsidize your cost of the Learn to Dive program. If you are interested in signing up for bingos please call the office for more information at 780 444-7301.

Our program is available at Kinsmen and Terwillegar starting April 4th.

**FAMILY AND MULTIPLE DAYS OPTION:** Full fees are charged for the first diver, 20% discount will be given to each additional family member. This discount also applies to the same child attending more than one day per week. Discount does not apply to the \$30 administration fee.

## **MISSED CLASS POLICY:**

If a class has been missed due to illness, the diver may be able to make

Email: espdive@telusplanet.net

Each lesson consists of a session of strengthening, stretching and physical conditioning, a session on trampolines with high repetitions of skills possible, then onto the dryland diving boards (at KSC) with landing mats for another session of high repetition springboard skills. After this, the divers have an additional period in the water using diving boards ranging from ¼ meter, ½ meter, 1 meter and 3 meter learning to perfect their acrobatic diving skills. Report cards and badges will be issued during the session. You may also participate in recreational diving meets held throughout the season.

Website: www.espdive.com

this class up at another time if space is available. In order for this to happen, the diver must first notify the office that they will not be able to participate in their regular lesson **before** their class has started. The diver can then arrange a make-up class by phoning the office at (780) 444-7301 to ensure there is a spot available on the day that they wish to do their make-up class. You will not be refunded for any missed classes.

| <b>PAYMENT OPTIONS: (Please check the appropriate option</b>   | n)  |
|--|---|
| $\square$ I will be paying by cash or cheque for the Kinsmen or Terwi Please find enclosed \$225.00 (10 weeks) or \$205 (9 weeks) weeks)   | -   |
| ☐ I will be paying by cash or post dated cheques for the Kinsr option for 10 weeks is \$85 dated currently + two \$75 cheque which includes a \$10 post dated cheque processing fee).  The postdated option for 9 weeks is \$65 dated currently + two (Total of \$215 which includes a \$10 post dated cheque process) | s dated for Apr.30 and May.14 (Total of \$235) wo \$75 cheques dated for Apr.30 and May.14      |
| ☐ I am interested in <u>subsidizing my fees</u> by helping out at fun payment, your fees cheque(s) must be received in full and w <u>bingos have been worked</u> . As well a \$100.00 "Performance Clebingos. Please contact the office for more information regard  | ill be cashed. Refunds will be issued once all heque" * is required before signing up for       |
| *In the event that an individual fails to "Show Up" at a bingo days of the bingo, a club fine of \$100.00 will be imposed as su fine to our club or loss of a bingo event. Consequently an <u>und</u> be enclosed, <u>which will not be cashed except in the case of su</u>  | ich an incident can result in a bingo association ated "Performance Cheque" for \$100.00 should |
| CANCELLATION POLICY:   |   |
| There is no refund after the 5 <sup>th</sup> class, prior to the 5 <sup>th</sup> class two   | weeks written notice will be required.  |
| I AM AVAILABLE TO WORK DAYTIME BINGOS ☐ (11am – 4:00 pm) OR EVENING BINGOS ☐ (5pm – 10:00 pm) OR LATE ☐ (5pm – 12am)   | REMEMBER FOR YOUR REGISTRATION TO BE COMPLETE, WE MUST HAVE;                                    |
| <ol> <li>Your cheque(s) for the 10 week or 9 week session at Kinsm (current + post dated cheques dated Apr.30 and May.14</li> <li>Fundraising "Performance cheque" of \$100 (if working at</li> </ol>  | -   |
| (Please make cheques payable to E.S.P.D.C. or ESP Diving Club)   |   |
| I have read and understand my obligations indicated on the above   | ve form:  |
| Signature of Parent/Guardian or diver if 18yrs or older  | Date  |
| FOR MORE INFORMATION ABOUT THIS OR OTHER PROGRAMS SPRINGBOARD AND PLATFORM DIVING CLUB, OR TO REGISTER   |   |

780 444-7301

Mailing address: 7 RIVER HEIGHTS DRIVE N.W. EDMONTON, ALBERTA, T6M 2R1
This form may also be dropped off at the Kinsmen Sports Centre in the drop box.(Please enquire about location)

Email: espdive@telusplanet.net Website: www.espdive.com